

SCENARIO

UNEXPECTED EXPENSE

?

You were saving for something special, but an unexpected cost came up. Money is tight. What do you do?

THINK ABOUT



SCENARIO

MESSY ROOM, NO ENERGY

?

Your room is a disaster. You have homework too. You feel overwhelmed and don't know where to start.

THINK ABOUT



SCENARIO

ENERGY CRASH

?

You've been going hard all week — school, activities, and helping at home. Now you feel completely drained.

THINK ABOUT



SCENARIO

FRIEND CONFLICT

?

A friend said something that really hurt your feelings. You're not sure whether to say something or let it go.

THINK ABOUT



SCENARIO

TOO MUCH TO DO

?

You have homework, a chore, a sports practice, and a friend wants to hang out — all on the same afternoon.

THINK ABOUT



SCENARIO

NEW PET RESPONSIBILITY

?

You got a new pet! Now you need to make sure it's fed, cared for, and healthy every single day.

THINK ABOUT



SCENARIO

SHARING STRUGGLE



Your sibling wants to use something that belongs to you. You don't want to share it right now.

THINK ABOUT



SCENARIO

BROKEN ROUTINE



Your normal schedule fell apart — maybe you were sick, or there was a family disruption. Things feel off.

THINK ABOUT



SCENARIO

FAMILY BUDGET SQUEEZE



The family needs to cut spending this month. Everyone has to make some adjustments.

THINK ABOUT



SCENARIO

CHORE CONFLICT



Nobody wants to do the dishes. Everyone thinks it's someone else's job. Tension is rising.

THINK ABOUT



SCENARIO

PLANNING A FAMILY TRIP



The family wants to take a trip, but everyone wants different things. Budget is limited. Time is short.

THINK ABOUT



SCENARIO

SCREEN TIME BATTLE



Everyone in the family wants screen time — games, shows, devices. There aren't enough hours or devices.

THINK ABOUT



SCENARIO
**COMMUNICATION
BREAKDOWN**



Two family members aren't talking.
There's tension in the house and
everyone feels it.

THINK ABOUT



SCENARIO
**ONE CAR, MANY
SCHEDULES**



Everyone needs to be somewhere
different at the same time, but
there's only one car.

THINK ABOUT



SCENARIO
THE FAMILY IS MOVING



Your family is moving to a new home.
There's a lot to organize, a lot to
feel, and a lot to decide.

THINK ABOUT



SCENARIO
FIRST PART-TIME JOB



You started a part-time job. Now you
have to balance school, work, friends,
and still have some energy left.

THINK ABOUT



SCENARIO
**FALLING BEHIND AT
SCHOOL**



You've fallen behind in a class. The
gap feels too big to close. You're
avoiding the problem.

THINK ABOUT



SCENARIO
SOCIAL MEDIA OVERWHELM



You're spending a lot of time online
and it's leaving you feeling worse,
not better. You're not sure how to
change it.

THINK ABOUT



SCENARIO

MANAGING YOUR FIRST MONEY



You have money of your own — from a job, a gift, or allowance. You're not sure how to handle it.

THINK ABOUT



SCENARIO

PEER PRESSURE MOMENT



Friends are pressuring you to do something you're not comfortable with. You don't want to lose the friendship, but something feels off.

THINK ABOUT



SCENARIO

WHAT DO I WANT TO DO WITH MY LIFE?



You're thinking about what comes after school — career, college, gap year. Everything feels huge and uncertain.

THINK ABOUT



SCENARIO

OVERCOMMITTED



You said yes to too many things and now everything is suffering. You're letting people down and burning out.

THINK ABOUT



SCENARIO

INCOME DISRUPTION



Your income dropped suddenly — job loss, reduced hours, or a failed plan. Bills are still coming.

THINK ABOUT



SCENARIO

HEALTH SCORE



Something is off with your health. You've been ignoring it, but it's time to address it.

THINK ABOUT



SCENARIO
**SAYING YES TO
EVERYTHING**

?

You can't seem to say no — at work, at home, in friendships. You're running on empty.

THINK ABOUT



SCENARIO
RENT OR BUY?

?

You're weighing a major housing decision. The numbers, emotions, and timing all feel tangled.

THINK ABOUT



SCENARIO
**CARETAKING A FAMILY
MEMBER**

?

Someone in your family needs significant support — medical, emotional, or practical. You want to help, but you have limits.

THINK ABOUT



SCENARIO
**WHERE DO I PUT MY
SAVINGS?**

?

You have savings and you're not sure what to do with them. Invest? Emergency fund? Pay down debt?

THINK ABOUT



SCENARIO
TEAM CONFLICT AT WORK

?

There's real tension with a colleague or team. Work is suffering. Something has to change.

THINK ABOUT



SCENARIO
**PLANNING FOR THE LONG
TERM**

?

You're thinking about retirement, long-term goals, or a major future milestone. It feels abstract and far away.

THINK ABOUT



SCENARIO
STARTING A FAMILY GARDEN



The family wants to grow something — herbs, vegetables, flowers. Nobody agrees on what to plant, who tends it, or what it will cost.

THINK ABOUT



SCENARIO
SOMEONE IS SICK THIS WEEK



A family member is sick and needs extra care. Normal routines have stopped working and everyone is adjusting on the fly.

THINK ABOUT



SCENARIO
BIRTHDAY ON A BUDGET



Someone's birthday is coming up. The family wants to celebrate, but money is genuinely tight. How do you make it feel special without overspending?

THINK ABOUT



SCENARIO
NEW BABY IN THE HOUSE



A new baby has arrived. The whole household system needs rebuilding around someone who needs everything and gives nothing back yet.

THINK ABOUT



SCENARIO
THAT'S NOT FAIR



Two family members disagree about who does more around the house. Both feel underappreciated. Neither is entirely wrong.

THINK ABOUT



SCENARIO
SCREEN-FREE WEEKEND



A parent wants to try a screen-free weekend. The kids strongly disagree. The proposal has already created conflict before it even starts.

THINK ABOUT



SCENARIO
**TACKLING A BIG HOME
PROJECT**



The family is taking on a big project — clearing a space, building something, reorganizing. It's exciting in theory and overwhelming in practice.

THINK ABOUT



SCENARIO
**A PARENT STARTS A
DEMANDING NEW JOB**



One parent just started a new job with a steep learning curve. Household routines that worked before no longer do. Everyone is adjusting.

THINK ABOUT



SCENARIO
NOBODY WROTE IT DOWN



The family keeps arguing about recurring tasks — who's responsible, how often, what 'done' looks like. Nobody wrote anything down. Everyone remembers it differently.

THINK ABOUT



SCENARIO
**THE FAMILY MONEY
CONVERSATION**



The family needs to talk honestly about money — what things cost, what the limits are, who decides, and what the kids should understand at their age.

THINK ABOUT



SCENARIO
**HOBBY BECOMING
SOMETHING MORE**



Something you do for fun is getting traction — people want to buy it, commission it, or hire you for it. You're not sure whether to grow it or protect it.

THINK ABOUT



SCENARIO
**A DIFFICULT FAMILY
MEMBER**



There's a family member whose behavior consistently causes harm or disruption. You've tried talking. The pattern doesn't change. You need to figure out your relationship with

THINK ABOUT



SCENARIO
**MANAGING A CHRONIC
CONDITION**



You or someone you love is living with a long-term health issue. The old routines don't work anymore. A sustainable new normal needs to be built.

THINK ABOUT



SCENARIO
LAI D OFF



You lost your job unexpectedly. The income is gone. You have some runway, some fear, and a lot of decisions to make about what comes next.

THINK ABOUT



SCENARIO
STARTING OVER



A major chapter has ended — a relationship, a career, a place you lived. You're rebuilding from the ground up and the blank page feels both freeing and terrifying.

THINK ABOUT



SCENARIO
**SUPPORTING A PARTNER
THROUGH A HARD TIME**



Your partner is going through something genuinely difficult. You want to help, but you're not sure how — and you're not running on full yourself.

THINK ABOUT



SCENARIO
**CAREER VS. FAMILY VS.
SELF**



Work demands keep rising. Family needs are real and present. Your own needs keep getting pushed to last. Something has to give — but everything feels necessary.

THINK ABOUT



SCENARIO
FINDING YOUR PEOPLE



You've realized you're more isolated than you want to be. The connections you have feel thin. You want real community but don't know how to build it as an adult.

THINK ABOUT



SCENARIO
**WHAT DO I WANT TO
LEAVE BEHIND?**

?

You're thinking about legacy — what you build, who you raise, what you contribute, what outlasts you. The question feels important but hard to hold.

THINK ABOUT



SCENARIO
FEELING STUCK

?

You've been doing the same thing for a long time. It's fine, but it's not right. You're not unhappy enough to blow everything up — but something needs to change and you don't know

THINK ABOUT



SCENARIO
**GROUP PROJECT GONE
WRONG**

?

One person is doing all the work. Another disappeared. Someone keeps overriding everyone else's ideas. The deadline is real and the group is falling apart.

THINK ABOUT



SCENARIO
**FIRST PAYCHECK
DECISION**

?

You got paid for the first time. It feels like a lot — and also not enough. You want to spend it, save it, and maybe give some away. You're not sure what the right move is.

THINK ABOUT



SCENARIO
LEFT OUT

?

Everyone else got invited and you didn't. Or someone new joined the group and things feel different now. It hurts and you're not sure what to do with that feeling.

THINK ABOUT



SCENARIO
**A HARD CONVERSATION
YOU'VE BEEN AVOIDING**

?

You've been putting off a conversation — with a friend, a partner, a parent, a colleague. You know it needs to happen. You keep finding reasons to delay.

THINK ABOUT

